

TAEKWON-DO CHOCOLATE WEEKEND 2019

Seminar

organized by



and



with cooperation



and



ITF Slovenia and ITF Ireland in cooperation with German ITF and ITF Italia would like to extend a very warm welcome you to 4th Taekwon-Do Chocolate Weekend 2019 Seminar in Radovljica, Slovenia. The event will be held in the beautiful little town of Radovljica, Slovenia, near Bled, one of the most beautiful cities in Slovenia, with lake and island. Its aim is to exchange experience, share knowledge and make lasting friendship with other Taekwon-do Organisations throughout EU. The date is set to correspond the date of the annual Chocolate Festival held in Radovljica, which adds for additional appeal for participation of your club and your team members.



Hosted by:
ITF Slovenia and Master Željko Gvozdić

Introducing:
Master Michael Flaherty, ITF Ireland

With cooperation of:
Gerard Galinski, V. DAN, German ITF
Jana Galinski, V. DAN, German ITF
Massimo D'eredita', V.DAN, ITF Italia

Support Seminar team:
Iris Galinski, IV. DAN, German ITF
Barbara Sitar, III. DAN, ITF Slovenia
Robert Guštin, II. DAN, ITF Slovenia

Organization details:



ITF Slovenia, Gradnikova cesta 125, SI – 4240 Radovljica, Slovenia
E-mail: sloveniaitf@gmail.com
www: <http://itf-slovenia.si/>

Organization team contact:

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Master Željko Gvozdić
President of ITF Slovenia

Seminar dates:

13.4.2019 and **14.4.2019** (a two-day seminar)

Seminar location:

Large and small gym of Primary School A.T. Linhart Radovljica
Kranjska cesta 27, SI - 4240 Radovljica, Slovenia



Seminar fees:

Participation fee (obligatory):

- **40 EUR per person** (seminar for both days, for black belts)
- **30 EUR per person** (seminar for both days, for color belts)
- **25 EUR per person** (seminar for one day, for black belts)
- **20 EUR per person** (seminar for one day, for color belts)

Saturday snacks and drinks fee (obligatory)... 5 EUR per person (snacks between the break of the seminar, visit and coupons for Chocolate Festival)

Saturday Dinner fee (optional)... 15 EUR per person, (stew, multiple main dishes, salad bar, desert, drinks)

Special offer for clubs with participation above 10 athletes! Please contact sloveniaitf@gmail.com for further information.

Payment details:

Pay via money transfer to ITF Slovenia bank account, no later than 13.4.2018.

ITF Slovenia, Gradnikova cesta 125, SI – 4240 Radovljica, Slovenia

IBAN: **SI56 3300 0000 9958 690** at Addiko Bank d.d.

SWIFT/BIC Code: **HAABSI22**

Necessary seminar equipment for all participants:

- complete dobok,
- shin guard,
- kickers,
- gloves,
- mouthguard.

Deadline for applications:

No later than 6.4.2019 to E-mail: sloveniaitf@gmail.com

Planned schedule:

DAY 1 (13.4.2019) – SPARRING + TULLS:

- 10:00 – 10:15 ... opening ceremony, presentation of the seminar team
- 10:15 – 13:30 ... sparring, punches, practice - pause - sparring, strategy, exercises
- 13:30 - 15:00 ... break with snacks and drinks, a chance to visit the Chocolate Festival
- 15:00 – 18:00 ... technique, tulls - pause - tulls
- 18:00 – 18:15 ... closing ceremony for the day, showers and transfer to Bled
- 19:30 ... Hotel Astoria BLED, dinner and social activities

DAY 2 (14.4.2019) – TULLS + SPARRING:

- 10:00 – 12:15 ... 2 groups: 1. group - tulls, 2. group - sparring
- 12:15 – 12:30 ... closing ceremony, end of the seminar

Accommodation:

All participants kindly arrange accommodation reservation by yourselves with the hotels directly. Please assure booking of your accommodation as soon as possible / high tourist season begins in this time. Our suggested accommodation capacities:

1. Hotel Astoria Bled (www.hotelastoria-bled.com)

Prešernova 44, SI - 4260 Bled, Slovenia

Phone: +386 4 579 44 00, E-mail for reservation: marketing.astoria@vgs-bled.si, astoria@vgs-bled.si

Price for bed and breakfast in twin room:

- **41 EUR** person/night,
- **77 EUR** person/night (single use)

When booking please indicate the reservation code: **TKD Seminar**



2. Life Hostel Slovenia (www.life-hostel-slovenia.com)

Kranjska cesta 2, SI - 4240 Radovljica, Slovenia

Phone: +386 40 531 547, E-mail for reservation: info@life-hostel-slovenia.com

Price for bed and breakfast in twin or multiple beds room:

- **22 EUR** person/night

When booking please indicate the reservation code: **TKD Seminar**



3. Bled Hostel (www.hostelworld.com)

Grajska cesta 22, SI - 4260 Bled, Slovenia

Phone: +386 31 523 056, E-mail for reservation: spelafuerst@gmail.com

Price for bed only in multiple beds rooms, shared bathroom:

- **15 EUR person/night** (in 10 beds room),
- **17 EUR person/night** (in 8 beds room),
- **19 EUR person/night** (in 6 beds room),
- **21 EUR person/night** (in 4 beds room),

When booking please indicate the reservation code: **TKD Seminar**

