

# TAEKWON-DO CHOCOLATE WEEKEND 2018

## Seminar

organized by



and



with cooperation



ITF Slovenia and ITF Italia in cooperation with German ITF would like to extend a very warm welcome you to 3<sup>rd</sup> Taekwon-Do Chocolate Weekend 2018 Seminar in Radovljica, Slovenia. The event will be held in the beautiful little town of Radovljica, Slovenia, near Bled, one of the most beautiful cities in Slovenia, with lake and island. Its aim is to exchange experience, share knowledge and make lasting friendship with other Taekwon-do Organisations throughout EU. The date is set to correspond the date of the annual Chocolate Festival held in Radovljica, which adds for additional appeal for participation of your club and your team members.



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*Hosted by:*  
**ITF Slovenia and Master Željko Gvozdić, VII.DAN**

*Introducing:*  
**Master Maurizio Troiano, VII.DAN, ITF Italia**

*With cooperation of:*  
**Iris Galinski, V. DAN, German ITF**  
**Jana Galinski, IV. DAN, German ITF**

*Support Seminar team:*  
Massimo D'eredita', V.DAN, ITF Italia  
Sabina Verdi, III. DAN, ITF Italia  
Anja Tolar Tomšič, II. DAN, ITF Slovenia  
Barbara Sitar, II. DAN, ITF Slovenia  
Robert Guštin, I. DAN, ITF Slovenia

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Organization details:



**ITF Slovenia**, Gradnikova cesta 125, SI – 4240 Radovljica, Slovenia  
E-mail: [sloveniaitf@gmail.com](mailto:sloveniaitf@gmail.com)  
www: <http://itf-slovenia.si/>

Organization team contact:

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**Master Željko Gvozdić, VII. DAN**  
**President of ITF Slovenia**

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# Taekwon-do Chocolate Weekend 2018

21.4. - 22.4.2018, Highschool for Hospitality and Tourism Radovljica, Slovenia



ITF Slovenia  
Master Ž. Gvozdić VII. DAN



ITF Italia  
Master M. Troiano VII. DAN



In cooperation with  
German ITF



Seminar dates:

**21.4.2018** and **22.4.2018** (a two-day seminar)

Seminar location:

**Large gym of Highschool for Hospitality and Tourism Radovljica**  
Kranjska cesta 24, SI - 4240 Radovljica, Slovenia

Seminar fees:

**Participation fee** (obligatory):

- **35 EUR per person** (seminar for both days, for black belts)
- **25 EUR per person** (seminar for both days, for color belts)
- **15 EUR per person** (seminar for one day, for all belts)

**Saturday snacks and drinks fee** (obligatory)... **5 EUR per person** (snacks between the break of the seminar, visit and coupons for Chocolate Festival)

**Saturday Dinner fee** (optional)... **15 EUR per person**, (stew, multiple main dishes, salad bar, desert, drinks)

Special offer for clubs with participation above 10 athletes! Please contact [sloveniaitf@gmail.com](mailto:sloveniaitf@gmail.com) for further information.

Payment details:

**Pay via money transfer to ITF Slovenia bank account, no later than 13.4.2018.**

ITF Slovenia, Gradnikova cesta 125, SI – 4240 Radovljica, Slovenia

IBAN: **SI56 0700 0000 1009 375** at Gorenjska banka Kranj d.d.

SWIFT/BIC Code: **GORESI2X**

Necessary seminar equipment for all participants:

- complete dobok,
- shin guard,
- kickers,
- gloves,
- mouthguard.

Deadline for applications:

**No later than 13.4.2018** to E-mail: [sloveniaitf@gmail.com](mailto:sloveniaitf@gmail.com)

Planned schedule:

**DAY 1 (21.4.2018) - SPARRING:**

- 10:00 – 10:15 ... opening ceremony, presentation of the seminar team
- 10:15 – 10:30 ... warm up
- 10:30 – 13:30 ... sparring, punches, practice - pause - sparring, strategy, exercises
- 13:30 - 15:00 ... break with snacks and drinks, a chance to visit the Chocolate Festival
- 15:00 – 18:00 ... sparring, punches, practice - pause - sparring, strategy, exercises
- 18:00 – 18:15 ... closing ceremony for the day, showers and transfer to Bled
- 19:30 ... Hotel Astoria BLEED, dinner and social activities

**DAY 2 (22.4.2018) - TULLS:**

- 10:00 – 12:15 ... technique, sparring - pause - tulls
  - 12:15 – 12:30 ... closing ceremony, end of the seminar
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Accommodation:

All participants kindly arrange accommodation reservation by yourselves with the hotels directly. Please assure booking of your accommodation as soon as possible / high tourist season begins in this time. Our suggested accommodation capacities:

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**Hotel Astoria Bled** (<https://www.hotelastoria-bled.com>)

Prešernova 44, SI - 4260 Bled, Slovenia

Phone: +386 4 579 44 00, E-mail for reservation: [astoria@vgs-bled.si](mailto:astoria@vgs-bled.si)

Price for bed and breakfast in twin room: **41 EUR person/night**

When booking please indicate the reservation code: **TKD**



**Life Hostel Slovenia** ([www.life-hostel-slovenia.com](http://www.life-hostel-slovenia.com))

Kranjska cesta 2, SI - 4240 Radovljica, Slovenia

Phone: +386 40 531 547, E-mail for reservation: [info@life-hostel-slovenia.com](mailto:info@life-hostel-slovenia.com)

Price for bed and breakfast in twin room: **22 EUR person/night**

When booking please indicate the reservation code: **TKD**



**Bled Hostel** ([www.hostelworld.com](http://www.hostelworld.com))

Grajska cesta 22, SI - 4260 Bled, Slovenia

Phone: +386 31 523 056, E-mail for reservation: [spelafuerst@gmail.com](mailto:spelafuerst@gmail.com)

Price for bed only in multiple beds rooms, shared bathroom: **15 EUR person/night**

When booking please indicate the reservation code: **TKD**

